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Anisakis spp. TaqMan PCR Kit Product# TM72550

Product Insert

Intended Use

Norgen's *Anisakis spp.* TaqMan PCR Kit is designed for the detection of *Anisakis spp.* specific DNA in a real-time PCR based on the use of TaqMan® technology. This kit is designed for research use only and not for use in diagnostic procedures.

Background Information

Anisakis spp. are parasitic nematodes that have life cycles involving fish and marine mammals and capable of stimulating fish-borne illnesses called Anisakiasis. Anisakiasis is a human parasitic infection of the gastrointestinal tract caused by the consumption of raw or undercooked seafood containing larvae of the nematode Anisakis ssp. The symptoms are that the patient will experience severe abdominal pain, nausea, vomiting, or diarrhea within 48 h after consumption. A more severe case is where the *Anisakis spp.* have infected the hosts by attaching themselves to the intestinal mucosa and penetrate the gastrointestinal tract. This severe infection of the mucosa can lead to tissue damage and gastric ulcers. Anisakiasis can be easily prevented by adequate cooking at temperatures greater than 60 °C or freezing. The FDA recommends all shellfish and fish intended for raw consumption be blast frozen to −35 °C or below for 15 hours or be regularly frozen to −20 °C or below for seven days.

Product Description

Norgen's *Anisakis spp.* TaqMan PCR Kit is designed for the detection of *Anisakis spp.* specific DNA in a real-time PCR based on the use of TaqMan technology. This kit is designed for research use only and not for use in diagnostic procedures. The detection of *Anisakis spp.* specific DNA is based on TaqMan PCR providing a simple, reliable and rapid result for the detection of *Anisakis spp.* infection. Norgen's *Anisakis spp.* TaqMan PCR Kit includes a PCR control to monitor for PCR inhibition, and to validate the quality of the sample and the detection result. The *Anisakis spp.* TaqMan PCR Kit comprises Master Mix for the target and PCR control detection, Primer & Probe Mix, as well as a positive control and a negative control (nuclease-free water) to confirm the integrity of the kit reagents.

Norgen's *Anisakis spp.* TaqMan PCR Kit was developed and validated to be used with the following PCR instruments:

- · Qiagen Rotor-Gene Q
- BioRad CFX96 Touch™ Real-Time PCR Detection System
- QuantStudio[™] 7 Pro Real-Time PCR System

Kit Components

Component	Product # TM44750 (100 preps)
MDx TaqMan 2X PCR Master Mix	2 x 700 μL
Anisakis spp. Primer & Probe Mix	280 μL
Anisakis spp. Positive Control	150 μL
Nuclease-Free Water (Negative control)	1.25 mL
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Storage Conditions and Product Stability

- All kit components should be stored at -20°C upon arrival
- Repeated thawing and freezing (> 2 x) of the Master Mix and Positive Control should be avoided, as this may affect the performance of the assay. If the reagents are to be used only intermittently, they should be frozen in aliquots.
- All kit components can be stored for 2 years after the date of production without showing any reduction in performance.

Customer-Supplied Reagents and Equipment

- Appropriate Real-Time PCR Instrument with FAM and HEX filter channel
- DNA Purification Kit
 - The kit is compatible with all DNA purification kits that yield high quality, inhibitorfree DNA
 - Recommended Purification Kits:
 - Norgen's Cells and Tissue DNA Isolation Kit (Cat. 53100)
 - Norgen's Cells and Tissue DNA Isolation Micro Kit (Cat. 57300)
 - Norgen's Cells and Tissue DNA Isolation Kit (Magnetic Bead System) (Cat. 59100, 62500)
 - Food DNA Isolation Kit (Cat. 54500)
- Disposable powder-free gloves
- Benchtop microcentrifuge
- Micropipettors
- Sterile pipette tips with filters
- PCR tubes
- Vortex mixer
- PCR reaction preparation station (Optional)

Quality Control

In accordance with Norgen's ISO 9001 and ISO 13485-certified Quality Management System, each lot of Norgen's *Anisakis spp.* TaqMan PCR Kit is tested against predetermined specifications to ensure consistent product quality.

Warnings and Precautions

- Norgen's *Anisakis spp.* TaqMan PCR Kit is intended for research purposes only. It is not intended for diagnostic use.
- Follow universal precautions. All specimens should be considered as potentially infectious and handled accordingly.
- Ensure that a suitable lab coat, disposable gloves and protective goggles are worn when handling specimens and kit reagents.
- Use sterile pipette tips with filters. Use proper pipetting techniques and maintain the same pipetting pattern throughout the procedure to ensure optimal and reproducible values.
- As contamination of specimens or reagents can produce erroneous results, it is essential
 to use aseptic techniques. Pipette and handle reagents carefully to avoid mixing of the
 samples.
- Do not use supplies and equipment across the dedicated areas of i) specimen extraction, ii) reaction set-up and iii) amplification/detection. No cross-movement should be allowed between the different areas. Personal protective equipment, such as laboratory coats and disposable gloves, should be area specific.

- Store and extract positive material (specimens, controls and amplicons) separately from all other reagents and add it to the reaction mix in a spatially separated facility.
- Dispose of unused kit reagents and specimens according to local, provincial or federal regulations.
- Do not substitute or mix reagents from different kit lots or from other manufacturers. Do
 not use components of the kit that have been stored for more than 2 years.
- The presence of PCR inhibitors may cause false negative or invalid results.
- Potential mutations within the target regions of the *Anisakis spp.* genome covered by the primers in this kit may result in failure to detect the presence of the pathogen.
- Good laboratory practice is essential for the proper performance of this kit. Ensure that
 the purity of the kit and reactions is maintained at all times, and closely monitor all
 reagents for contamination. Do not use any reagents that appear to be contaminated.
- Ensure that appropriate specimen collection, transport, storage and processing techniques are followed for optimal performance of this test.

Instructions for Use

A. Sample Preparation

Purified DNA is the starting material for Norgen's *Anisakis spp.* TaqMan PCR Kit. The quality of the DNA template will have a major impact on the performance of the *Anisakis spp.* detection test. The user must ensure that the method used for DNA purification is compatible with TaqMan PCR. We recommend the use of **Norgen's Cells and Tissue DNA Isolation Kit (Cat. 53100)**

If using a different spin column based sample preparation procedure that includes ethanol-based wash buffers, a column drying step consisting of centrifugation for 3 minutes at 20,000 x g (~14,000 RPM), using a new collection tube, is highly recommended prior to the elution of the DNA. This will help to prevent the carry-over of any ethanol into the purified DNA, as ethanol is known to be a strong inhibitor of PCR. Ensure that any traces of ethanol from the sample preparation steps are eliminated prior to the elution of the DNA.

B. TaqMan PCR Assay Preparation

Notes:

- Before use, suitable amounts of all TaqMan PCR components should be completely thawed at room temperature, mixed by gentle vortexing or by pipetting, and centrifuged briefly.
- · Work quickly on ice.
- The amount of MDx TaqMan 2X PCR Master Mix provided is enough for up to 128 PCR reactions (96 sample PCR, 16 positive control PCR and 16 no template control PCR).
- For every TaqMan PCR run, one reaction containing *Anisakis spp.* Positive Control and one reaction as no template control must be included for proper interpretation of results.
- The recommended minimum number of DNA samples tested per TaqMan PCR run is 6.
- To avoid any contamination while preparing the TaqMan PCR assay, follow the order outlined in Tables 1, 2 and 3 below to prepare the Negative Control, Detection Assay and Positive Control:
 - 1. Prepare the PCR Negative Control (Table 1)
 - 2. Prepare the PCR Anisakis spp. Assay (Table 2)
 - 3. Prepare the PCR Positive Control (Table 3)

- To further avoid contamination, add the components to the PCR tubes in the order shown in the tables below (ie: 1) Nuclease-free water; 2) MDx TaqMan 2X PCR Master Mix; 3) Primer & Probe Mix; and 4) the Sample DNA or Positive Control).
- 1. For each TaqMan PCR set, prepare one no template control PCR as shown in Table 1 below:

Table 1. TaqMan PCR Negative Control Preparation

PCR Components	Target detection (with MDx TaqMan 2x PCR Master Mix)
Nuclease-Free Water	8 µL
MDx TaqMan 2X PCR Master Mix	10 μL
Anisakis spp. Primer & Probe Mix	2 µL
Total Volume	20 μL

2. Prepare the PCR reaction for sample detection as shown in Table 2 below.

Table 2. TaqMan PCR Anisakis spp. Assay Preparation

PCR Components	Target detection (with MDx TaqMan 2x PCR Master Mix)
Nuclease-Free Water	5 μL
MDx TaqMan 2X PCR Master Mix	10 μL
Anisakis spp. Primer & Probe Mix	2 μL
Sample DNA*	3 µL
Total Volume	20 μL

^{*} The recommended amount of sample DNA to be used is 3 μL. However, a volume between 1 and 5 μL of sample DNA may be used as template. Adjust the final volume of the PCR reaction to 20 μL using the Nuclease-Free Water provided.

3. For each PCR set, prepare **one** positive control PCR as shown in Table 3 below:

Table 3. TagMan PCR Positive Control Preparation

PCR Components	Target detection (with MDx TaqMan 2x PCR Master Mix)
MDx TaqMan 2X PCR Master Mix	10 μL
Anisakis spp. Primer & Probe Mix	2 μL
Anisakis spp. Positive Control (PosC)	8 μL
Total Volume	20 μL

C. Anisakis spp.TaqMan PCR Assay Programming

- 1. Program the thermocycler according to the program shown in Table 4 below.
- 2. Run TaqMan PCR assay.

Table 4. Anisakis spp. TaqMan PCR Program

PCR Cycle	Step	Temperature	Duration
Cycle 1	Step 1	95°C	3 min
Overla 2 (40x)	Step 1	95°C	15 sec
Cycle 2 (40x)	Step 2	60°C	30 sec

D. Anisakis spp.TaqMan PCR Assay Interpretation

Table 5. Interpretation of Assay Results

FAM (Target detection)	HEX (PCR validation)	Result
+	+	Positive
-	+	Negative
-	-	PCR inhibited

For results obtained that are not covered in Table 5, please refer to the Frequently Asked Questions.

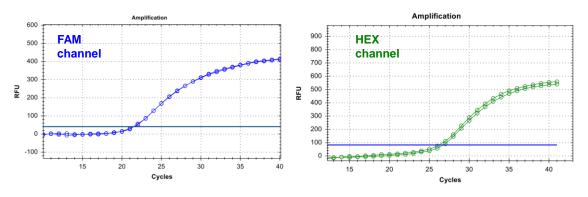


Figure 1. Example of TaqMan PCR Positive result. Both PCR Signals above the baseline from FAM and HEX channels indicate the successful PCR.

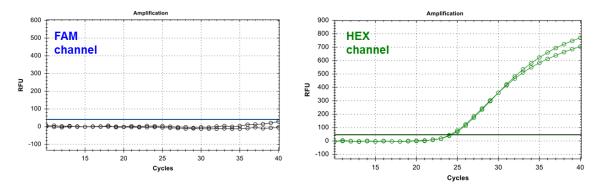


Figure 2. Example of TaqMan PCR Negative result. No target DNA was detected in FAM channel but amplification signal from HEX indicates the successful PCR.

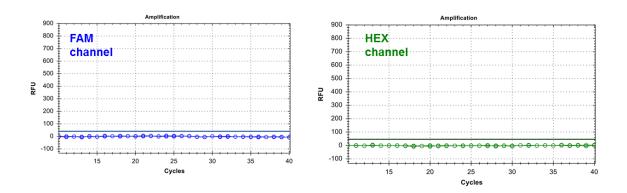


Figure 3. Example of TaqMan PCR inhibition result. No signal from both FAM and HEX channel was detected. It is suggested to repeat the sample preparation using recommended kit for DNA purification.

E. Anisakis spp.TaqMan PCR Assay Specificity

The specificity of Norgen's *Anisakis spp.* PCR Detection Kit is first and foremost ensured by the selection of the *Anisakis spp.*-specific primers, as well as the selection of stringent reaction conditions. The *Anisakis spp.* primers were checked for possible homologies to all microorganisms in GenBank published sequences by sequence comparison analysis.

F. Anasakis spp. TaqMan PCR Assay Sensitivity and Limit of Detection

The sensitivity of Norgen's *Anasakis spp.* PCR Detection Kit was tested using the synthetic control in a serial dilution until it was no longer detected. It was discovered that the *Anasakis spp.* PCR Detection Kit has a Limit of Detection of 250 Copies/µL.

Frequently Asked Questions

- 1. How many samples should be included per PCR run?
 - Norgen's Anisakis spp.TaqMan PCR Detection Kit is designed to test 96 samples. For every 6 samples, a non-template control (Nuclease-Free Water) and a Positive Control must be included. It is preferable to collect and test 6 samples at a time.
- 2. How should it be interpreted if no PCR control signal (HEX) is detected while the target specific signal (FAM) is detected in the positive control?
 - Tested samples(s) can be considered positive. It could happen when too much target DNA template was added due to the preferential amplification on the target.
- 3. How should it be interpreted if the target specific signal (FAM) and/or the PCR control signal (HEX) are detected in the negative control?
 - It could happen when there is carryover contamination and PCR inhibition. Repeat the assay using fresh aliquots and clean pipette tips.
- 4 How should it be interpreted if no target signal (FAM) is detected in positive control?
 - It could happen when the positive control was not added. Repeat the assay.

Related Products	Product #
Cells and Tissue DNA Isolation Kit	53100
Cells and Tissue DNA Isolation Micro Kit	57300
Cells and Tissue DNA Isolation Kit (Magnetic Bead System)	59100, 62500
Food DNA Isolation Kit	54500

Technical Support

Contact our Technical Support Team between the hours of 8:30 and 5:30 (Eastern Standard Time) at (905) 227-8848 or Toll Free at 1-866-667-4362.

Technical support can also be obtained from our website (www.norgenbiotek.com) or through email at techsupport@norgenbiotek.com.

Product Use Restriction

Norgen's *Anisakis spp.* TaqMan PCR Kit is designed for the detection of *Anisakis spp.* specific DNA in a real-time PCR based on the use of TaqMan technology. This kit is designed for research use only and not for use in diagnostic procedures.

Norgen's *Anisakis spp.* TaqMan PCR Kit is intended for use by professional users such as technicians and biologists experienced and trained in molecular biological techniques including PCR.

Good laboratory practice is essential for the proper performance of this kit. Ensure that the purity of the kit and reactions is maintained at all times, and closely monitor all reagents for contamination. Do not use any reagents that appear to be contaminated.

Ensure that appropriate specimen collection, transport, storage and processing techniques are followed for optimal performance of this test.

The presence of PCR inhibitors may cause false negative or invalid results.

Potential mutations within the target regions of the *Anisakis spp.* genome covered by the primers in this kit may result in failure to detect the presence of the pathogen.

The respective user is liable for any and all damages resulting from application of Norgen's *Anisakis spp.* TaqMan PCR Kit for use deviating from the intended use as specified in the user manual.

All products sold by Norgen Biotek are subjected to extensive quality control procedures and are warranted to perform as described when used correctly. Any problems should be reported immediately. The kit contents are for laboratory use only, and they must be stored in the laboratory and must not be used for purposes other than intended. The kit contents are unfit for consumption.

TaqMan is a registered trademark of Roche Molecular Systems, Inc

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PITM44750-1